

Refreshing the Refreshers



NATHAN AND TRICIA LAGRANGE

Missionaries Through Life Impact



CASE FOR SUPPORT

REFRESHING LEADERS TO LIFE

Mark and Melissa woke up crying in their sleep. It wasn't the first time they had awakened in tears. Their shattered emotions, mercifully contained in the daytime hours, bubbled over unrestrained in moments of fitful sleep. Did their children know? Did their employees suspect? Even though they occupied the same bed for 25 years they were miles apart. How did it come to this? What could they have done? If only there was someone, somewhere who would understand. Their dry, worn-out souls, distanced from God and each other, held on to one last thread of hope as the night wore on.

Rachel sat seething on the front row, grinding her teeth as the band started the opening song. Last night's meeting concerning the expansion was filled with such visceral anger and deep resentment it had kept her husband up most of the night. Didn't these people know they were killing her husband soul? Hadn't they hired him and moved their family across the country to help lead change in this place? And now those same faces, the ones yelling in anger just a few hours ago, were here shaking hands and posing perfectly in the midst of the large crowd. Hypocrites. Her Mom had been right:

Christians often ate their own. Didn't they know her husband barely ate, barely slept, rarely smiled? She couldn't remember the last time he genuinely looked at her, genuinely laughed. Oh, that laugh. Wasn't it that laugh what brought them together in the first place? That laugh that was ready for adventure, love, romance? How could she help him get it back? Where was God in this? Maybe she could get him away for a few days. Undistracted. But they would need a safe place. With people who cared. But where?

Ben stared out at the snow, tears of regret streaming down his lined face. His corner office offered no protection from the cold realities of his personal failures. How had it come to this? He turned and looked at the picture on his desk. So young, so filled with hope. They looked so *happy*. But this lifestyle was making that impossible. He was drowning in a sea of his own success and losing everything that mattered in the process. He needed help. *They* needed help. He picked up the phone, hesitating. Who would understand? Who could he trust?

Chances are these stories aren't fiction.

Chances are you know people just like this.

Chances are you might be in danger of living these stories yourself.

We understand. We've been there. And we can help.

As teammates of Life Impact, we are creating a sacred space just for you.

Refreshing the Refreshers

Our Mission:

**TO SEE REFRESHING AND RENEWAL IN OUR LAND,
WE MUST INTENTIONALLY ENGAGE IN THE
REFRESHING AND RENEWAL OF OUR LEADERS.**

Leaders often struggle alone, teetering on the edge of burnout due to unhealthy rhythms in marriage, ministry and life. Isolation and ever-increasing demands negatively affect their lives, spouses and families as well as the teams, churches and organizations they lead.

Refreshing the Refreshers is dedicated to encouraging a biblical lifestyle of *refreshing leaders to life* through restoration of intimacy with God and others as well as renewal of healthy, sustainable rhythms of leadership in ministry and marketplace. **Everything rises and falls on leadership. And a soul at rest leads better.**

Goals:

Nathan and Tricia will own and operate a home and 5 acres of refreshing on Lake Lanier in Gainesville, Georgia with the purpose of *refreshing leaders to life*, financially supported by partnerships from individual donors, corporations and foundations through the non-profit, Life Impact, so that “(we), without distraction or concern, could give themselves (ourselves) totally to The Revelation of God.” 2nd Chronicles 31:4 (MSG)

Objectives:

Refreshing Leaders to Life through **REST—Retreat, Encouragement, Safety and Trust.**

PROGRAM SERVICES:

Three unique approaches through the vehicle of Life Impact, a registered 501c3.

Refreshing the Refreshers:

We offer *refreshing leaders to life* through intentional REST—Retreat, Encouragement, Safety and Trust. A refreshing 3-5-day retreat on a private floor in our home with own garage, bedroom, bath, living room and kitchenette on Lake Lanier in Gainesville, Georgia. Guests will be lavished with shared meals, safe conversation, inventive hospitality and Gods love by experienced and empathetic leaders, including non-intrusive availability in Biblical discipleship, pastoral care, enneagram, life coaching and marriage coaching in order to flourish in life. All set in a safe and sacred space with beautiful park-like surroundings including a private pool, lake, recreation, golf, nearby vineyards and amenities.

Refreshing365:

Ongoing growth resources in the form of original and supplemental books, podcasts, blogs and other communications to help you live in Refreshing365.

Refreshing Collective:

Events with like-minded leaders to refresh your soul, renew your mind and be attentive to God's Spirit.

Finances:

Startup Expenses:

OASIS RETREAT HOME and WOODS

Purchase Oasis in Gainesville, GA-\$680,000 (*we will purchase/finance home ourselves*)

- Five-bedrooms with three acres
- Wake up to spectacular Lake Lanier views every day. This gigantic lakefront home features open living concept on all 3 levels, abundant storage & fabulous entertaining spaces. Two levels of deck spaces lead to the saline pool. Multiple suites and sprawling finished terrace level for exclusive use for ministry guests. Incredibly private, large beautifully wooded lot, flat driveway & additional paved path to terrace level garage.

Purchase lot in Gainesville, GA-\$169,900

- Adjoining 1.69 wooded acres to lake. Dock included. Woods for solitude/prayer walks. Complete privacy for retreat.

Total house and five-acre property: \$849,900

MINOR UPDATES TO HOME AND PROPERTY

- Home furnishings: \$30,000
- Reconfigure main kitchen island/guest kitchenette/2nd guest bath/new door/new window: \$70,000
- Landscaping (tree removal, path creation, grief garden, water features): \$70,000

Total updates to home and property: \$170,000

Where your partnership is needed most

Ongoing operational budget:

- \$16,000/month including mortgage, utilities, food, transportation, salary, retirement, coaching/counseling services and ongoing property maintenance. We will continue to fundraise to have a solid partnership base around the world. Annual budget: \$192,000
- \$240,000 in set-aside savings account representing full, operational cost of Refreshing the Refreshers for 15 months.

TOTAL for our Oasis house, property, updates, budget, savings- \$1,451,900 (including one full year of operation)

Governance:

Life Impact Global Governing Board members:

David and Thersa Knauss

Preston Byrd

Brianna Cadwell

Dan Cox

Greg Drais

Dave and Sheri Grissen

Alan Starr

Brian Sunderland

John Um

Auxiliary Board specifically for Refreshing the Refreshers (Members yet to be selected):

Staffing:

Nathan and Tricia with 20 plus years' experience in marriage, parenting, pastoral ministry, church leadership, church planting, coaching, counseling and refreshing hospitality. Also, international adoption, trauma and mental health coaching.

Facilities, Service Delivery:

Guests will enjoy a private floor in our Lake Lanier home, 5 acres for solitude and reflection and non-intrusive availability from our staff in biblical coaching, marriage coaching and safe conversation.

